



Girl Scouts of Central Maryland
 4806 Seton Drive
 Baltimore, MD 21215-3216
 T 410 358 9711 F 410 358 9833
 Toll Free 800 492 2521

March 30, 2010
 FOR IMMEDIATE RELEASE
 Contact: Danita Terry, Director of Communications
 (410) 358-9711/ dterry@gscm.org

Girl Scout Elizabeth Kempske Gets First-Hand Lesson in Community Empowerment

Baltimore—Ambassador Girl Scout Elizabeth Kempske was selected as a 2010 Distinguished Woman Shadow. In this role Elizabeth had the opportunity to spend the day with Distinguished Woman Honoree, Carolyn McGuire-Frenkil, President, Center City, Inc., as her mentee. In the process, she got an inside look at how an owner, developer and philanthropist spends their day conducting various aspects of business and community relations. This opportunity is part of Girl Scouts of Central Maryland’s annual Distinguished Women’s Award reception, which honors local Maryland women for their exemplary professional and civic accomplishments. It also gives high school aged girls the opportunity to see what their future career lives could entail. At the Award’s reception, which takes place Thursday, April 29, 2010, at the Baltimore Country Club, Elizabeth, as well as four other Girl Scout Shadows, will give a speech describing their day and the aspects that were most important to them. Tickets to the event are \$75; proceeds benefit Girl Scouts of Central Maryland’s outreach programs. To purchase tickets contact Maria Johnson, Vice President, Advancement at 410.358.9711.

Elizabeth has been involved in Girl Scouting for nine years and has earned her Girl Scout Silver and Gold Awards. A junior in high school, Elizabeth is working on her goal to become an engineer. She believes the Girl Scouts’ Distinguished Women’s Shadow program is a tool that can help her reach her goals and potential. “I believe that the opportunity to talk and spend the day with successful women will give me the opportunity to see how they were able to reach their dreams.” She added, “There is so much that can be learned and inspiration gained from this type of program...we are each individuals but [we are] really a collection of experiences and education that we have been exposed to by others in our lives.” Elizabeth believes programs like these have a great and lasting impact on young women.

Sandra P. Gohn, Esq., Partner with DLA Piper US LLP; Nancy Longo, Executive Chef and Owner Pierpoint Restaurant & Catering; Gwendolyn D. Skillern, Senior Vice President & General Auditor for Carefirst BlueCross BlueShield and Ellen H. Yankellow, Pharm.D, President & CEO of Correct RX Pharmacy Services, Inc. will also be honored as Distinguished Women.

#

Girl Scouts builds girls of courage, confidence and character who make the world a better place. Girl Scouts of Central Maryland serves 30,000 girls in Baltimore City, Anne Arundel, Baltimore, Carroll, Harford and Howard counties providing programs and activities that allow them to Discover, Connect and Take Action.

Where Girls Grow StrongSM

**P
R
E
S
S

R
E
L
E
A
S
E**