

Frequently Asked Questions regarding Journeys

Q. What resources are offered for each journey series?

A. Each journey series offers six books for girls and six adult guides, each created for a specific Girl Scout grade level: Daisy (K-1), Brownie (2-3), Junior (4-5), Cadette (6-8), Senior (9-10) and Ambassador (11-12). Each journey also comes with an online map that shows how all the fun of Girl Scouting—cookies, camping, badges, trips, etc.—fit right into a leadership journey. Additionally, resources such as *It's Your Journey—Customize It!*, offer even more tips and ideas for making the most of journeys.

Q. What is in the girls' book?

A. The girls' book for each journey provides fun and engaging content and activities that girls can enjoy and learn from on their own as well as in a group, troop, event, or series setting. Journey content ranges from fictional stories, games, and puzzles to real-life stories about women in a range of careers.

Q. What is in a journey adult guide?

A. The adult guide for each journey offers an introduction to the journey's theme and awards, grade-level-specific tips and suggestions. The guide has a full set of Sample Session plans filled with ceremonies, activities, discussions, and reflections that adults can use as they guide girls through a journey at Girl Scout meetings, gatherings, and events. The adult guides also provide detailed instructions, examples, activities, and discussion starters to bring the journey to life in partnership with girls. In addition, guides show how the journey content of the girls' book relates to and acts as a springboard for group activities.

Q. How do journeys benefit girls?

A. Journeys are the core national program of Girl Scouting and are based on the Girl Scout Leadership Experience. This means each journey has girls using Girl Scouting's three keys to leadership: Discover, Connect, and Take Action. As the core Girl Scout program, journeys tie to the 15 national Girl Scout leadership outcomes and the three processes (Girl Led, Learning by Doing, and Cooperative Learning) that make Girl Scouting distinct from school and other activities.

Q. Can girls earn awards on a journey?

A. Yes. Girl Scouts at each grade level have a chance to earn leadership awards as they complete steps along the journey. Awards are designed to be worn on the Girl Scout uniform. Daisies, Brownies, Juniors, and Cadettes have the chance to earn several badges along a journey. Seniors and Ambassadors can mark their accomplishments at the culmination of a journey with a pin or iron-on patch. Steps for earning the awards are explained in each adult guide and in each girls' book except for the Daisy book.

Q. What does it mean to "customize" a journey?

To customize a journey means to make it your own. Girl Scout leadership journeys only come to life when girls and volunteers sprinkle in their own interests and talents, and their creativity and imagination, to shape the journey experience. Customizing a journey also means calling upon a range of local experts (individuals and organizations) who can connect to the journey theme being explored and enrich the girls' experience. Along with the tips and suggestions in the girls' book and the adult guide on how to customize a journey, the GSUSA resource, *It's Your Journey—Customize It!* can guide volunteers and council staff in bringing the